



## Care & Repair in Powys

### Improving Homes, Changing Lives

Help and advice on home repairs and adaptations for older people

0300 111 3333



## Do you need help to remain living safely and independently at home?

Care and Repair in Powys provides expertise, advice and practical support to older people across Powys who need to adapt or maintain their home.

We aim to help older people to remain living independently in safe, warm accessible homes.

### We can

- ✓ Give advice on options to adapt or repair/maintain your home
- ✓ Refer on to other partners for further help such as Powys CC and Powys THB
- ✓ Give help on finding sources of funding for the work that needs to be done
- ✓ Give advice on welfare benefits to check you are receiving your full entitlement
- ✓ Help you find a reliable building contractor for larger jobs
- ✓ Provide a technical advice and assistance in arranging work
- ✓ Keep you informed on progress and check you are happy with the work done

### We cannot

- ✗ Fund the works ourselves
- ✗ Guarantee the work of contractors
- ✗ Supervise or directly oversee the work of selected contractors

## Healthy Home Service

A home based visiting service to assess and advise on safety at home, aimed at preventing falls, trips and slips. This can help avoid hospital admission or enable safe discharge from hospital or short term care. Agreed works could then be carried out by our own Practical Services team and also can be funded by grants, and include:

- Grab rails and stair rails
- A step and handrail
- Home Fire Safety Check
- Warm home measures/advice
- Security door chains



Bwrdd Iechyd Addysgu Powys  
Powys Teaching Health Board



Ariennir gan Lywodraeth Cymru  
Funded by Welsh Government

For more information please contact:

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0300 111 3333

Email: [enquiries@crpowys.co.uk](mailto:enquiries@crpowys.co.uk)

Web: [www.crpowys.co.uk](http://www.crpowys.co.uk)

Care and Repair in Powys is a Community Benefit Society (Reg. No. 29535R) with charitable status.





## Ydych chi angen help i barhau i fyw'n ddiogel ac annibynnol yn eich cartref?

Mae Gofal a Thrwsio ym Mhowys yn darparu arbenigedd, cyngor a chymorth ymarferol i bobl hŷn sydd angen addasu neu gynnal yn eu cartrefi.

Ein amcan yw i helpi bobl hŷn i barhau byw gartref yn annibynnol, yn gysurus ag yn ddiogel.

### Gallwn

- ✓ Roi cyngor ar gyfer addasu neu drwsio/cynnal yn eich cartref
- ✓ Cyfeirio at bartneriaid ar gyfer cymorth pellach, fel Cyngor Sir Powys
- ✓ Helpu i ganfod ffynonellau cyllid ar gyfer y gwaith y mae angen ei wneud
- ✓ Rhoi cyngor ar fudd-daliadau i edrych ydych chi'n derbyn popeth y mae gennych hawl iddo
- ✓ Eich helpu i ddarganfod contractwr dibynadwy ar gyfer gwaith adeiladu mwy
- ✓ Darparu cymorth a chynghor technegol ar gyfer y gwaith
- ✓ Eich diweddarau am hynt y gwaith a gweld ydych chi'n hapus gyda'r gwaith sydd wedi ei wneud

### Ni allwn

- ✗ Cyllido'r gwaith ein hunain
- ✗ Gwaranti waith y contractwyr
- ✗ Trefnu neu oruchwylio gwaith y contractwyr dewiswyd



## Gofal a Thrwsio ym Mhowys

### Gwella Cartrefi, Newid Bywydau

Cyngor a chymorth i bobl hŷn i drwsio neu addasu ei chartrefi

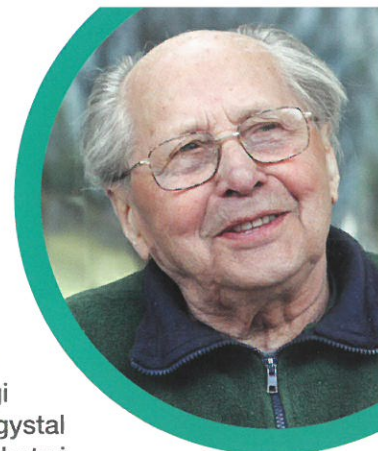
0300 111 3333



## Gwasanaeth Cartref Iach

Gwasanaeth ymweld yn y cartref, i asesu a chynghori ar ddiogelwch at atal cwmpadau a chodymau. All hyn atal damwain fyddai'n golygi fynediad i'r ysbyty yn ogystal â helpu dod adref o'r ysbyty i gartref ddiogel. Mae'r Asesiad Cartref Iach yn rhad ac am ddim a gall rhywfaint o'r gwaith gael ei chyllido drwy grant. Gall y gwaith gynnwys:

- Canllawiau a rheiliau grisiau
- Stepen drws a chanllaw allanol
- Asesiad Diogelwch Tân
- Arbed ynni/cartref clud
- Diogeliad drws



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Powys Teaching Health Board



Ariennir gan Lywodraeth Cymru  
Funded by Welsh Government

Am fwy o wybodaeth cysylltwch â:

Gofal a Thrwsio ym Mhowys, Tŷ Canol Ffordd Croesawdy, Y Drenewydd SY16 1AL

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Gwefan: [www.crpowys.co.uk](http://www.crpowys.co.uk)

Mae Gofal a Thrwsio ym Mhowys yn Gymdeithas Budd Cymunedol (Rhif cofrestru 29535R) gyda statws elusennol.